

Breakfast Menu

1. Pink Grapefruit *halved & segmented* 🍏🍷🍷 5.00
2. Avocado Toast 🍏🍷🍷 6.50
Add-on: *eggs +\$1.00, bacon+\$2.00, breakfast sausage +\$2.00*
3. Bacon, Egg, and Cheese 7.00
4. Tomato, Egg, and Cheese 🍷 6.25
5. Bagel with Butter 🍷 3.50
Choice Of: *plain, sesame, everything, poppy*
Add-on: *strawberry jam + 1.00*
6. Bagel with Cream Cheese 🍷 3.75
Choice Of: *plain, sesame, everything, poppy*
Add-On: *tomato + 1.00, onion + 1.00, seasonal jam + 1.00*
7. Smoked Salmon Bagel* 16.50
cream cheese, Catsmo smoked salmon, tomato, red onion, capers
8. Breakfast Bread *soft bread with egg, bacon, tomato, and cheese* 8.25
9. Shakshuka 🍷🍷 *Israeli-style stewed tomatoes with eggs* 8.00
Comes with side of sourdough toast
10. Cheese Omelette *with potatoes & toast* 11.00
11. Two Eggs Any Style* *with choice of meat, breakfast potato & sourdough toast* 12.00
Choice of: *bacon (3 slices); breakfast sausage (2 links)*

Sides

1. Avocado 🍏🍷 3.00
2. Esposito's Sausage 🍷 3.00
3. Hard Boiled Eggs (2) * 🍷🍷🍷 3.25
4. Fresh Watermelon 🍏🍷 5.50
5. North Country Smokehouse Bacon (3) 🍷🍷 3.75
6. Well& Breakfast Potatoes 🍷🍷 4.00

Coffee & Tea

	12 oz. small	16 oz. large
1. Americano	3.50	4.00
2. Cappuccino	3.50	
3. Chai Latte	3.50	4.00
4. Cold Brew	3.40	3.90
5. Cortado	3.20	
6. Drip Coffee	2.60	2.90
7. Espresso		3.00
8. Harney & Sons Tea Choice of: <i>English Breakfast, Earl Grey Supreme, Tropical Green, Mint Verbena, Egyptian Chamomile</i>	3.00	3.25
9. Latte	3.50	4.00
10. Matcha Latte	4.50	5.00
11. Swiss Water Process – Decaf	2.60	2.90

Non-dairy milk + 0.25, flavored syrup + 0.50, extra shot + 1.50

Flavored syrups: *vanilla, hazelnut, and caramel*

Americano, Cappuccino, Chai Latte, Espresso, Macchiato, Latte, Matcha Latte are all available iced.

Beverages

Boxed Water	2.50
Found Sparkling Water	3.00
Freshly Squeezed Juice <i>choice of: orange or grapefruit</i>	6.00
Harney & Sons Lemonade & Tea	3.50
Harney & Sons Energizing Black Iced Tea	3.50
Health-Ade Kombucha <i>choice of: original, pomegranate</i>	5.75
Soda <i>choice of: coke, diet coke, ginger ale, sprite</i>	1.75
Redbull	4.25
Fruit Punch Gatorade	2.75
Lemon Tea Snapple	2.50
Well& Lemonade	12 oz. small 2.90 16 oz. large 3.40

CHARLIE PALMER

PARTNERSHIPS Master Chef Charlie Palmer has partnered with The Durst Organization to create a one-of-a-kind workplace eatery. Influenced by his upstate New York childhood experience working in his family's vegetable garden, Charlie Palmer was an early advocate of farm over factory food. With a commitment to thoughtful sourcing and the rambunctious flavors of his signature Progressive American cooking, Palmer and his team offer equal parts casual culinary elegance and neighborly comfort for people who like to eat.



Breakfast: 8:30 AM - 11 AM

Lunch: 11 AM - 2:30 PM

Coffee Bar: 8:30 AM - 2:30 PM

Farm-to-table menu created by the Charlie Palmer team

WellxDurst.com

Lunch Menu

SOUPS

	Small 8 oz.	Large 12 oz.
1. Black Bean	5.00	7.25
2. Chicken Noodle 	5.00	7.25
3. Cream of Mushroom 	5.00	7.25
4. Quinoa Lentil 	5.00	7.25
5. Sausage, Kale & Kidney Bean	5.00	7.25
6. Beef & Barley	5.00	7.25

SANDWICHES

Includes potato chips

1. The Parisian <i>madrangle ham, comté cheese, french butter, dijon mustard & cornichons on baguette</i>	11.00
2. The Italian <i>ham, salami, capicola, provolone, lettuce, tomato, shaved red onion, salt, pepper, red wine vinaigrette on Italian sub roll</i>	14.50
3. Caprese  <i>fresh mozzarella, tomato, basil, pesto on Italian sub roll</i>	11.00
4. The Rochester <i>Well& roast beef with cheddar and horseradish on a sub roll</i>	12.50
5. The South Jersey Special <i>Well& turkey on seeded sourdough with sprouts, russian dressing and coleslaw</i>	12.50
6. The Saigon <i>Paté and grilled chicken with pickled daikon, cilantro, spicy mayonnaise on baguette</i>	12.50
7. The Pastrami <i>Hot Pastrami with melted swiss & coleslaw on rye bread</i>	13.00

BUILD YOUR OWN SANDWICH

Includes potato chips

Choose Bread: choose 1

Sub Roll, Round Roll, Rye Bread, Whole Wheat Bread, White Bread, Flatbread Wrap, Baguette, Sourdough

Choose Protein: 1 protein for \$9; 2 proteins for \$11; 3 proteins for \$13

Egg Salad, Tuna Salad, Chicken Salad, North Country Smokehouse Bacon, Pastrami, Grilled Chicken, Capicola Ham, Imported Salami, WellPlated Roast Beef, Schaller & Weber Ham, WellPlated Turkey

Cheese:

Jarlsberg +\$2, Provolone +\$2, Comté +\$2, Cabot Creamery Clothbound Cheddar +\$2, Mozzarella +\$2, Goat Cheese + \$2

Toppings: Choose up to 3 for +\$0.00

Romaine Lettuce, Arugula, Tomato, Red Onion, Alfalfa Sprouts, Cucumber, Jalapeño Pepper, Roasted Peppers, Coleslaw, Daikon Radish, B&G Peppers

Additional Toppings

Avocado +\$2.00, Romaine Lettuce +\$0.25, Arugula +\$0.25, Tomato +\$0.25, Red Onion +\$0.25, Alfalfa Sprouts +\$0.25, Cucumber +\$0.25, Jalapeño Pepper +\$0.25, Roasted Peppers +\$0.25, Coleslaw +\$0.25, Hard-Boiled Egg +\$1.00, Daikon Radish +\$0.25, B&G Peppers +\$0.25

Spreads & Seasonings

Mayonnaise, Oil & Vinegar, Dijon Mustard, French Butter, Roasted Garlic Aioli, Herb Pesto, Salt & Pepper, Dried Oregano, Red Chili Flakes

SOUP & SANDWICH SPECIAL \$12

Includes Bottled Water & Baker's Choice Cookie of the Day

Monday Grilled Cheese & Quinoa Lentil

Tuesday Turkey + Swiss & Cream of Mushroom




Wednesday Roast Beef & Black Bean 

Thursday Ham + Cheese & Chicken Noodle

Friday Caprese & Sausage, Kale + Bean







Add on: *Redbull \$3.00, Fruit Punch Gatorade \$2.00, Lemon Tea Snapple \$1.00, Soda \$1.00*

PIZZA & HOT SUBS



	Slice	Whole Pie
1. Plain Pizza 	2.50	14.00
2. Pepperoni Pizza	3.00	16.00
3. Sicilian Pizza 	3.50	18.00
4. Combo Pie  choose 4 toppings		17.00
Add-On: <i>additional toppings +0.25 each for slice or + \$1 each for whole pie</i>		
Toppings: <i>extra cheese, ricotta, bell peppers, eggplant, mushrooms, olives, garlic, jalapeño pepper, pineapple, anchovies, chicken, pepperoni, italian sausage, ham</i>		
5. Italian Parm Sub		13.00
<i>choice of: meatball, chicken or eggplant</i>		

THE GRILL

Includes side of french fries

1. CP Steak Sandwich*	18.00
<i>grilled sirloin, caramelized onion, cheddar cheese, baguette</i>	
2. Crispy Chicken Sandwich 	12.00
<i>white meat, lettuce, tomato, herb mayonnaise, sesame roll</i>	
3. Grilled Cheese Sandwich 	9.00
<i>sourdough, cheddar</i>	
Add-On: tomato +\$1; bacon +\$2; ham +\$3	
4. Grilled Chicken Sandwich  	12.00
<i>lettuce, tomato, onion, barbecue sauce, sesame roll</i>	
Add-On: cheese +\$1; bacon +\$1	
5. Hamburger*   	8.00
<i>lettuce, tomato, onion, special sauce, sesame roll</i>	
Add-On: cheese +\$1; bacon +\$1	

SIDES

1. Coleslaw 	3.00
2. French Fries 	4.00
3. Guacamole & Chips 	6.00
4. Macaroni & Cheese 	7.00
5. Macaroni Salad 	3.00
6. Potato Salad 	4.00
7. Quinoa Tabbouleh  	5.00
8. Avocado   	3.00
9. Potato Chips	2.00

BUILD YOUR OWN SALAD Starting at 8.00

Choose your own lettuce, three toppings, and a dressing

Base: choose up to three

Romaine
Arugula
Local Greens
Kale

Protein:

Chicken Breast \$4
Salmon + \$5
Steak* + \$8
Hard Boiled Eggs* + \$3

Sourdough Croutons




Fennel
Zucchini
Roasted Peppers
Red Bell Pepper
Kidney Beans

Dressing: choose one

additional dressing is + \$2

Blue Cheese  

Tahini Dressing   

Russian   

Lemon Vinaigrette  

Italian  

Balsamic Vinaigrette  

Caesar Dressing 

Ranch Dressing  

Cheese: + \$2 each






Oregon Blue Cheese
Jarlsberg Cheese
Fresh Mozzarella Cheese
Parmesan Cheese
Comté Cheese
Cabot Cheddar Cheese
Fresh Goat
Manchego Cheese

Lentils
Mushrooms
Eggplant
Broccoli
Green Beans
Japanese Sweet Potato
Radish
Alfalfa Sprouts
Red Onion
Tomato
Cucumber
Avocado +\$2.00

Toppings: Choose Up to 3:
+\$0.25 for each additional

SIGNATURE SALADS













Add-On: chicken + \$4, hardboiled egg + \$3, salmon + \$5, steak + \$8

1. The Well &  	9.00
<i>assortment of greens, tomato, cucumber, radish, champagne vinaigrette</i>	
2. Caesar Salad	9.00
<i>romaine, parmesan, sourdough crouton</i>	
3. Quinoa Killer   	11.00
<i>quinoa, japanese sweet potato, celery root, lentils, avocado, red onion, tomato, tahini dressing</i>	
4. RJ's Special	14.00
<i>romaine, tomato, avocado, croutons, parmigiano reggiano, grilled chicken, balsamic vinaigrette</i>	









Baked Goods

Baked goods may come into contact with nuts

MORNING PASTRIES *available 8:30am- 11am*

1. Muffins <i>choice of: corn</i>  <i>, blueberry</i>  <i>, morning glory</i>  	3.25
2. Coffee Cake  	3.00
3. Sticky Bun  	<i>single</i> 5.00
4. Croissants	
Plain 	2.00
Chocolate 	3.00
5. Danish	
Cheese 	3.50
Seasonal Fruit 	3.50

COOKIES

6. Cookie <i>choice of: chocolate chip</i>   <i>, oatmeal raisin</i>   <i>, white chocolate macadamia</i>   <i>, chocolate black out</i>  	2.50
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